



Outpatient Information / Consent to Treat

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|--------------------------------|----------------|---------------------------------|-------------------------------------|-------|
| PARTICIPANT INFORMATION | | Account #: | Medical Record #: | Date: |
| Participant full name: | | Referring doctor: | Referring doctor phone #: | |
| Address: | | Primary doctor: | | |
| City/State/Zip: | | Employer/school of participant: | | |
| (H) Phone #: | Cell phone: | Work phone: | Email address of responsible party: | |
| Social Security #: | Date of birth: | Age: | Marital status: | Sex: |
| Race: | Ethnicity: | Religion: | | |
| Emergency contact: | Relationship: | (H) Phone #: | (C) | |
| Responsible party: | Relationship: | DOB: | SS#: | |
| Responsible party address: | | City/State/Zip: | Phone #: | |

INSURANCE INFORMATION

| | | | |
|--------------------|----------------------------|----------------------|----------------------------|
| Primary Insurance: | Employer: | Secondary Insurance: | Employer: |
| Insurance ID #: | Insurance Group #: | Insurance ID #: | Insurance Group #: |
| Insured Name: | | Insured Name: | |
| Address: | | Address: | |
| City/State/Zip: | | City/State/Zip: | |
| Insured DOB: | Insured Social Security #: | Insured DOB: | Insured Social Security #: |

General Consent: I consent to medical care at Novant Health. This includes needed lab work and HIV testing. By law, I understand that if there is an at-risk exposure to my blood or body fluids, I may be tested for HIV, Hepatitis B or C virus. Those test results will be shared with the healthcare worker who was exposed. I am aware that healthcare is not an exact science. No guarantees have been made. If I am hospitalized, I agree to send any valuables home. I agree that Novant Health is not responsible for any loss or damage to my property.

I understand and agree with the above information. This consent is valid for one (1) year.

Patient or Responsible Person Signature: _____ **Date** _____ **Time** _____

Financial Responsibility: I agree to pay for all medical services provided. I understand that I may need to call my insurance company to see if they will approve and pay for the medical care. I am aware that the doctors and others providing care may not be employees of Novant Health. They are acting on their own and not at the direction of Novant Health. I understand I will receive a separate bill for their services. Please bill my health insurance plan as a service to me. I am aware that this does not mean that they will agree to pay for any services. I agree to pay whatever amount is not covered. Please apply for any health insurance coverage that may be available to me. I agree to help in this process. I assign all of my rights and claims for payment under any health insurance plan to Novant Health and any other treating providers. I appoint Novant Health, the other treating providers and/or their agents as my "authorized representative" to act for me in getting payment for services provided. If I pay more than what I owe for this medical visit, I agree that it can be used to pay for any unpaid bills I have with any Novant Health facility. I give permission to be contacted via any of the telephone numbers or email addresses I have given. This includes contact with a pre-recorded message, automatic dialing system, artificial voice, email message, or text message. Contact may be made by businesses helping my providers collect money that I owe.

I understand and agree with the above information. This consent is valid for one (1) year.

Patient or Responsible Person Signature: _____ **Date** _____ **Time** _____

*** For delivering mothers, all of these responsibilities apply to your newborn baby.**

If limited English proficient or hearing impaired, offer interpreter at no additional cost:

Interpreter Accepted _____ Interpreter Refused

(Name/Number of Person/Services Chosen/Used)



RELEASE AND WAIVER OF LIABILITY

I understand that this Release And Waiver of Liability governs all rights and liabilities directly or indirectly arising out of or related to any "Services," as that term is defined below. I have read, understand, and agree to be bound by the Terms and Provisions below.

Definitions

"Services" shall mean any and all manner of goods and services offered by Novant Health, Inc. and any of its affiliates ("Novant Health") or any other Released Party to you. These services, which may take the form of training, treatment, consulting, and other services, expressly including but not limited to: evaluations; rehabilitation; athletic training, therapy, reconditioning; performance planning; performance training (e.g., strength and conditioning training, speed and quickness training, and plyometric training); recovery and regeneration training; sports nutrition consultation; supplement and nutrition provision; injury reduction and treatment; technical and tactical instruction; performance enhancement; and any consultation related to any item included in this list.

"Training" shall mean any act, omission, or other activity required of you or carried out by you in relation to the Services. This term shall not be limited, in any way, with respect to any location, site or facility at which any activities related to the Services takes place.

"Released Parties" shall mean Novant Health, Inc. and all of its affiliates, and each of their respective partners, members, managers, shareholders, officers, directors, agents, employees, insurers, heirs, agents, successors, and assigns.

Terms And Provisions

The risk of injury from participation in sporting events and other strenuous physical activity, including Training, is significant, including the potential for permanent paralysis, other serious injury, and/or death. **I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS** of participation in Training, including, without limitation, risk arising from or relating in any way to the condition of the facilities, equipment, fields, and surrounding premises, the actions of persons other than myself, my own actions, and travel to and from the Training (including, but not limited to, travel services provided by any Released Parties or in any vehicle owned, operated, or associated with any Released Parties). **I UNDERSTAND THAT THE RELEASED PARTIES MAKE NO WARRANTIES (WHETHER EXPRESS OR IMPLIED)** and shall in no event be responsible or liable for the defective or dangerous condition of the facilities, equipment, fields, and surrounding premises, except to the extent such condition(s) result(s) solely from the gross negligence or intentional acts of any Released Parties.

I AGREE THAT THE RELEASED PARTIES SHALL NOT BE LIABLE for any losses, claims, demands, injuries, damages, actions, lawsuits, judgments, fines, penalties, liabilities, costs, expenses (including, without limitation attorneys' and accountants' fees and costs and court costs, whether or not in connection with litigation), or causes of action (collectively, "Damages") that arise in whole or in part due to the simple negligence of any of the Released Parties. **FURTHERMORE, I FOREVER RELEASE AND DISCHARGE, AND AGREE TO INDEMNIFY AND HOLD HARMLESS** the Released Parties from and in relation to all Damages that arise from or relate in any way to my participation in the Training, other than Damages that arise solely from the gross negligence or intentional acts of any Released Parties. **I FURTHER WARRANT AND CERTIFY** that I have no health conditions or defects that would prevent me from participating safely in the Training, that I have taken every reasonable act necessary to make this warranty and certification in relation to such participation, and that I am otherwise sufficiently fit and healthy to so participate.

I WARRANT AND UNDERSTAND that it is my sole and personal responsibility to obtain insurance to compensate for any and all Damages which might arise from my participation in the Training, and furthermore agree to look solely to such insurance to cover such Damages, regardless of fault, and waive all rights of subrogation on behalf of any and all Released Parties which may now or ever exist as a result of such insurance.

IN ANY CASE, THE CUMULATIVE LIABILITY OF ALL RELEASED PARTIES RELATING TO ANY SERVICES PROVIDED AND THIS AGREEMENT WILL BE LIMITED TO THE AMOUNT ACTUALLY PAID BY ME (OR ON MY BEHALF) TO ANY OF THE RELEASED PARTIES DURING THE PERIOD THAT IS ONE (1) YEAR PRIOR TO THE DATE OF THE CAUSE OF ACTION BETWEEN THE LITIGANTS, MINUS ANY AMOUNTS PREVIOUSLY PAID BY ANY OF THE RELEASED PARTIES FOR ANY PRIOR LIABILITY. THE RELEASED PARTIES' LIMITATION OF LIABILITY IS CUMULATIVE WITH ALL AMOUNTS PAID TO ANY RELEASED PARTIES BEING AGGREGATED TO DETERMINE SATISFACTION OF THE LIMIT AND APPLIES TO ALL CAUSES OF ACTION IN THE AGGREGATE (WHETHER IN TORT, CONTRACT OR OTHERWISE). I RELEASE THE RELEASED PARTIES FROM ALL OBLIGATIONS, LIABILITY, CLAIMS OR DEMANDS IN EXCESS OF THE LIMITATION.

If any provision of this Agreement shall be adjudged illegal, invalid or unenforceable, the balance of the Agreement shall remain in full force and effect. This Agreement shall be construed and governed under North Carolina law. Any action or lawsuit arising out of or related to Training, Services, and/or this Agreement shall be exclusively brought in state or federal courts located in Mecklenburg County, North Carolina.

I have read this Agreement, fully understand its terms, understand that I have given up substantial rights by signing it, and sign it freely and voluntarily. I acknowledge that I have received valuable consideration in relation to my execution of this Agreement, which I understand to be a prerequisite to my receipt of Services. Finally, I understand that this Agreement shall be of full force and effect as to any and all Services I receive from the Released Parties, without regard to the date or timing of such Services.

| | | |
|-------------------------|------------------------------|-------------|
| Participant Name: _____ | Participant Signature: _____ | Date: _____ |
|-------------------------|------------------------------|-------------|

Complete the information below if the Participant is a Minor (under the age of 18):

I, as the parent and/or legal guardian of _____ (Participant Name) ("Participant"), make all of the above waivers and claims on behalf of the Participant.

| | | |
|-----------------------------------|--|-------------|
| Parent/Legal Guardian Name: _____ | Parent/Legal Guardian Signature: _____ | Date: _____ |
|-----------------------------------|--|-------------|

PARTICIPANT MEDICAL HISTORY
Name: _____ **DOB:** _____ **DATE:** _____

 Do you smoke? YES NO
 Do you drink alcohol? YES NO
 Are you latex sensitive? YES NO

 Are you pregnant or nursing? YES NO
 Do you have children? YES NO

PAST MEDICAL/SURGICAL HISTORY:
OPERATIONS: List and indicate operations within the past 5 to 7 years and the approximate year:

Have you had physical therapy before? If yes, please explain:

HOSPITALIZATIONS: List and indicate hospitalizations within the past 5 to 7 years and nature of illness:

PRIOR MEDICAL CARE FOR CURRENT EPISODE:

PLEASE INDICATE CURRENT LEVEL OF SOCIAL SUPPORT (MARRIED, CHILDREN ETC.):

AT THE PRESENT TIME WOULD YOU SAY YOUR HEALTH IS: (circle one) EXCELLENT VERY GOOD FAIR POOR
GENERAL HEALTH AT THIS TIME:

 Fever Yes No
 Chills Yes No
 Fatigue or Tiredness Yes No
 Cancer Yes No
 Unexplained weight loss or gain Yes No
 Blurred Vision Yes No
 Double Vision Yes No
 Blindness Yes No

CARDIOVASCULAR

 Heart Trouble Yes No
 Chest Pain Yes No
 Irregular or Fast Heartbeat Yes No
 High Blood Pressure Yes No
 Pacemaker Yes No
 Shortness of Breath Yes No
 Coughing Yes No

ENDOCRINE

 Diabetes Yes No
 Heat/Cold Intolerance Yes No

PSYCHIATRIC

 Nervousness Yes No
 Depression Yes No
 Insomnia Yes No

GASTROINTESTINAL

 Nausea/Vomiting Yes No
 Frequent Diarrhea Yes No
 Rectal Bleeding/Blood in stool Yes No
 Abdominal Pain/Heartburn Yes No
 Peptic or Stomach Ulcers Yes No

MUSCULOSKELETAL

 Joint Pain Yes No
 Muscle Pain Yes No
 Muscle Weakness Yes No
 Joint Stiffness/Cramping/Gout Yes No
 Arthritis Yes No
 Recent Fractures Yes No
 Metal Implants Yes No
 Recent Falls Yes No

NEUROLOGICAL

 Stroke Yes No
 Frequent Headaches Yes No
 Lightheadedness/Dizziness Yes No
 Seizures Yes No
 Numbness/Tingling Yes No
 Tremors Yes No
 Head Injury Yes No
 Blackout/Loss of Consciousness Yes NO

