

New Hanover Regional Medical Center

Supplies:

- Sterile specimen cup, provided by the lab
- Plastic bag with zip top closure
- Brown paper bag

Instructions:

1. Wash hands with soap and warm water.
2. Remove the lid from the specimen cup. **Do not** touch the inside of the lid or cup.
3. Hold the cup firmly and collect bowel movement. **Do not** allow any paper or urine into the cup. **Do not** collect stool directly from the toilet.
4. Screw the lid on tightly. Make sure the outside of the cup is not soiled. If soiled, wipe the cup clean with tissue.
5. Write the patient's full name and date of birth onto the specimen cup.
6. Write the date and time of stool collection onto the specimen cup.
7. Place the specimen cup into the plastic bag.
8. Place the plastic bag into the brown paper bag.
9. Deliver the specimen to the Outpatient Laboratory as soon as possible. Keep the specimen on ice or refrigerated until it can be delivered.

IMPORTANT NOTE

- Tell your doctor if you have had castor oil, mineral oil, or barium dye (from x-rays). It may be necessary to wait at least 48 hours after ingesting these materials.

Novant Health Lab Services – New Hanover
1415 Medical Center Dr.
Wilmington, NC 28401
7:00 AM to 5:00 PM, Monday thru Friday
8:00 AM to 12:00 PM, Saturday
Phone: 910-667-6028 Option 1

Novant Health Lab Services – Leland
1333 S Dickinson Dr, Suite 110
Leland, NC 28451
8:00 AM to 5:00 PM, Monday thru Friday
Phone: 910-667-6028 Option 2

Novant Health Lab Services – Supply
545 Ocean Highway West, 2nd Floor, Suite 204
Supply, NC 28462
8:00 AM to 5:00 PM, Monday thru Friday
Phone: 910-667-6028 Option 3