# Maya Angelou International Women’s Health Summit 2014 - A Global Priority Agenda

**Thursday, November 20, 2014**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>7:30-8:00AM</td>
<td>Summit Registration &amp; Continental Breakfast</td>
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<tr>
<td>8:00-8:05AM</td>
<td>Welcome to Novant Health</td>
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|               | *Denise Mihal*  
|               | President  
|               | *Novant Health Forsyth Medical Center and Greater Winston-Salem Market* |
| 8:05-8:10AM   | Conference Instructions & Guidelines for the Day                        |
|               | *Mistress of Ceremonies: Dr. Bernadine Chapman*                          |

**Topic: Hot Off the Press**

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<tr>
<td>8:10-8:40AM</td>
<td>News You Can Use When Caring For Women</td>
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|               | *Melissa Harris-Perry, Professor  
|               | Wake Forest University  
|               | Host of MSNBC’s “Melissa Harris-Perry”                                    |

**Topic: Heal Thy Self**

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<tr>
<td>8:40-9:10AM</td>
<td>When the Diagnosis Is for the Healthcare Provider</td>
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|               | *Jennifer Sames, RN, MSN, OCN  
|               | Clinical Services Coordinator-Clinical Resource Services  
|               | *Novant Health Forsyth Medical Center*                                   |

**Topic: The Affordable Care Act: Will Women Benefit or Suffer in the Future of Healthcare**

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<tr>
<td>9:10-10:00AM</td>
<td>The Affordable Care Act: Delivery, Coverage, Quality &amp; Population Health</td>
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|               | *Pam Silberman, JD, DrPH*  
|               | Clinical Professor, Department of Health Policy & Management, Gillings  
|               | School of Global Public Health  
|               | University of North Carolina at Chapel Hill*                            |
|               | The Benefits & Challenges the Affordable Care Act Poses for Women       |
|               | *Pam Silberman, JD, DrPH*  
|               | Clinical Professor, Department of Health Policy & Management, Gillings  
|               | School of Global Public Health  
|               | University of North Carolina at Chapel Hill*                            |
| 10:00-10:15AM | Questions & Answers                                                      |
| 10:15-10:30AM | Break                                                                   |

**Topic: Maternal & Infant Mortality: Global, National and Grassroots Perspectives**

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<tr>
<td>10:30-10:55AM</td>
<td>International Maternal &amp; Infant Mortality</td>
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|               | *Medge D. Owen, MD*  
|               | Professor of Obstetric Anesthesia  
|               | Director of Maternal and Infant Global Health Programs  
|               | Wake Forest University School of Medicine  
|               | President of Kybele, Inc.  
|               | Medical Director of Global Health  
|               | *Novant Health Maya Angelou Women’s Health and Wellness Center*         |
   Ann L. Smith, MSN, RN, NNPC-BC
   Director of Women’s Services
   Maya Angelou Center for Women’s Health and Wellness

11:20-11:45AM  A Grassroots Effort to Improve Maternal & Infant Mortality
   Kathryn Hall-Trujillo, M.P.H.
   Founding Director
   Birthing Project USA

11:45-12:00PM  Questions & Answers

11:30-1:30PM  Book Sales & Signing Available

12:00-12:20PM  Lunch Distribution & Speaker Networking

**Lunch Topic: Pioneers Who Empower and Improve the Overall Health of Women and Girls**

12:20-12:40PM  The Role of Education in the Improvement of Women’s Health: Education - The Key to Improving the Health Status of Afghan Women and Girls
   Razia Jan, 2012 Top Ten CNN Hero
   President & Founder
   Razia’s Ray of Hope Foundation

12:40-1:00PM  An Innovative Way to Bring Women & Girls into the Age of Technology
   Estella Pyfrom, 2013 CNN Hero
   CEO & Founder
   Estella's Brilliant Bus, A Class Act Learning Center

1:00-1:20PM  An Innovative Way to Address Obesity in Girls
   Amiya Alexander, 2010 Black Enterprise Teenpreneur nominee
   President & Founder
   Amiya’s Mobile Dance Academy

1:20-1:40PM  An Innovative Way to Address Health Issues in Adolescent Girls: Case Study: Reducing Absenteeism and Raising School Completion Rates through Comprehensive Menstrual Health Management in Kathmandu, Nepal
   Lorrie L. King, MPH
   Community Health Director, Clarkston Development Foundation
   Founder, 50 Cents. Period.

1:40-2:00PM  Questions and Answers

2:00-2:15PM  Break

**Topic: A Cross Cultural Look at Women’s Health in Advance Age**

2:15-2:45PM  The Cross-Cultural Experience of Women as They Mature in Age with a focus on the Hispanic community
   Jerry Arias
   LANGUAGE LINKS INC.

2:45-3:15PM  Global Dementia
   Nancy Hodgson, Ph.D., RN
   Assistant Professor, Johns Hopkins University School of Nursing
   Primary Faculty, Center for Innovative Care in Aging
   Research Associate, Hopkins Population Center
The Cross Cultural Role of Spirituality as Women Advance Age
Idethia Shevon Harvey, DrPH
Associate Professor & Associate Director, Department of Health & Kinesiology Associate
Director, Transdisciplinary Center on Health Equity Research (TCHER)
Texas A&M University

Beauty & the Beast: Hormonal Changes of Aging
Wen Shen, MD, MPH
Assistant Professor, Dept of Gyn and OB
Johns Hopkins School of Medicine

Topic: A Cross-Cultural Journey Through the Minds of Women

Mental Health in Pregnancy: Diagnosis & Treatment
Samantha Meltzer-Brody, MD, MPH
Associate Professor
Director, Perinatal Psychiatry Program
UNC Center for Women's Mood Disorders
UNC School of Medicine

Menses and Menopause: The Life Spectrum of Mood
Susan S. Girdler, PhD
Professor of Psychiatry and Psychology & Director of the Stress & Health Research Program
University of North Carolina at Chapel Hill

Questions and Answers

Closing Remarks
Kirsten Royster, Vice President, Novant Health Forsyth Medical Center

Networking

Evening Program around Women’s Violence

Margaret Johnson, News Anchor at WXII 12, will be hosting an exciting play, “I am Domestic Violence” featuring Wambui Bahati, regarding domestic violence. One of the critical issues in the news today will be addressed in a dynamic one woman performance that explores the issues related to domestic and intimate partner violence. Join Margaret Johnson and Wambui Bahati as they explore one of the most dangerous issues facing women of all ages in our community.

Friday, November 21, 2014

Summit Registration & Continental Breakfast

Welcome to Novant Health & Description of Conference Goals
Andrea McDonald
Vice President
Novant Health Forsyth Medical Center Foundation and community engagement
7:35-7:40AM  
Conference Instructions & Guidelines for the Day  
*Mistress of Ceremonies: Dr. Bernadine Chapman*

**Topic: Hot Off the Press**

7:40-8:10AM  
News You Can Use When Caring For Women  
*Bruce Walley, MD*  
*Senior Vice President Medical Affairs*  
*Novant Health Forsyth Medical Center*

**Topic: Better Health through Global Access to Food Sources for Women**

8:10-8:30AM  
Garden of Life: Cultivating Health and Safety for Women and Children  
*Brent Kim, MHS*  
*Program Officer, Johns Hopkins Center for a Livable Future*

8:30-8:50AM  
Creating a Regional Oasis in the Center of a Food Desert  
*Robin Emmons, 2013 CNN Hero*  
*Founder & Executive Director*  
*Sow Much Good*

8:50-9:10AM  
One Seed, One Woman at a Time: Consequences of Food Insecurity for Women and Their Children  
*Kristen Hurley, PhD, MPH*  
*Assistant Professor for the Program in Human Nutrition & Department of International Health*  
*Johns Hopkins Bloomberg School of Public Health*

**Topic: Cross-Cultural Differences in Women’s Health**

9:10-9:30AM  
Cross Cultural Differences in Women’s Health: An Overview  
*Joseph Telfair, M.S.W., M.P.H, Dr.P.H.*  
*Professor and Dual Chair*  
*Karl E. Peace Distinguished Chair of Public Health*  
*Georgia Southern University*

9:30-9:50AM  
Vietnamese American Women’s Health  
*Khanh H. Nguyen, MSW, MPH*  
*Tobacco Cessation Program Manager*  
*Lutheran Medical Center*

9:50-10:10AM  
Women’s Health Initiatives in India: Successes and Failures  
*DeAnne Davis Brooks, Ed.D., CSCS, ACSM-HFS*  
*Asst. Professor of Exercise Science and Wellness*  
*Salem College*

**Topic: Global Warriors: War, Conflict and Women’s Health**

10:10-10:30AM  
Global Women Warriors: Do They Belong on the Frontline?  
*Brigadier General (Ret) James R. (J.R.) Gorham*

10:30-10:50AM  
Military Veteran Women Making the Transition and Beyond  
*Ginger Miller, M.S.*  
*CEO & Founder*  
*Women’s Veterans Interactive*  
*White House Champion of Change*

10:50-11:20AM  
Women in the United States Military  
*Elisa Basnight, JD, MPA*
11:20-11:30AM Break

**Topic: Violence against Women in the United States**

11:30-12:00PM Wounded In the Winter of Life: Women Facing Violence at Advanced Age
Allison Brown, MCE
Program Planner for Aging
Area Agency on Aging, Piedmont Triad Regional Council

12:00-12:15PM Statistics on Women’s Violence
Catherine Johnson, LMFT
Director
Guilford County Family Justice Center

12:15-12:40PM Women Facing Intimate Partner Violence: The Hidden Scars of Domestic Violence
Mildred Muhammad
Domestic Abuse Survivor, Advocate, Author, Consultant, CNN
Contributor, Award-Winning National/International Speaker & International Expert Speaker for the US Department of State

12:00-2:00PM Book Sales & Signing Available

12:40-1:00PM Lunch Distribution & Speaker Networking

**Lunch Topic: Pioneers Who Empower and Improve the Overall Health of Women & Girls**

1:00-1:20PM Creating Safety Zones for Victims of Domestic & Intimate Partner Violence
Deborah D. Tucker, MPA
Executive Director
National Center on Domestic and Sexual Violence

1:20-1:40PM Addressing the Issue of Female Genital Mutilation: Maternal Health in the Atlanta Refugee Population: A Framework for Understanding
Lorrie L. King, MPH
Community Health Director, Clarkston Development Foundation
Founder, 50 Cents. Period.

1:40-2:00PM Uplifting and Empowering Women as They Advance in Age
Brooke Peery, MPH
PECARN Research Coordinator
Division of Pediatric Emergency Medicine
Columbia University | College of Physicians and Surgeons
New York Presbyterian Morgan Stanley Children's Hospital

2:00-2:15PM Break

**Topic: Lesbian, Gay, Bisexual, Transgender, Queer, Questioning, Intersex and Ally Health**

2:15-2:45PM A Cross Cultural View of Women’s Health in the LGBTQQIA Community
Shāna G. Cole, MA, LPC, LPCS, CRC
Co-Owner of Tree of Life Counseling, PLLC/Therapist & Transgender Specialist
2:45-3:15PM  Laws & Rights of Partners in the Lesbian, Gay, Bisexual & Transgender Community
Maya Rupert, Esq.
Policy Director
National Center of Lesbian Rights

3:15-3:30PM  Questions and Answers

Topic: Why Women, Why Now? Research, Clinical Practice and Global Outreach

3:30-4:00PM  Why Women’s Research Can’t Wait
Karol E Watson, MD, PhD
Professor of Medicine/Cardiology
Co-director, UCLA Program in Preventive Cardiology
Director, UCLA Barbra Streisand Women’s Heart Health Program
UCLA

4:00-4:30PM  Gender Unique Considerations in Clinical Practice
Marianne J. Legato, MD, FACP
Professor Emerita of Clinical Medicine
Columbia College of Physicians and Surgeons
Founder and Director of the Foundation for Gender-Specific Medicine

4:30-5:00PM  A Global Call to Action: Changing the Lives of Women and Girls
Marjorie Muecke, PhD, RN, FAAN
Adjunct Professor, Family and Community Health
University of Pennsylvania School of Nursing
Paul G Rogers Ambassador for Global Health Research

5:00-5:15PM  Questions and Answers

5:15-6:00PM  Dr. Owen’s Documentary & Discussion on Maternal & Infant Health
Medge D. Owen, MD
Professor of Obstetric Anesthesia
Director of Maternal and Infant Global Health Programs
Wake Forest University School of Medicine
President of Kybele, Inc.
Medical Director of Global Health
Novant Health Maya Angelou Women’s Health and Wellness Center

6:00PM  Closing Remarks
Denise Mihal
President
Novant Health Forsyth Medical Center and Greater Winston-Salem Market