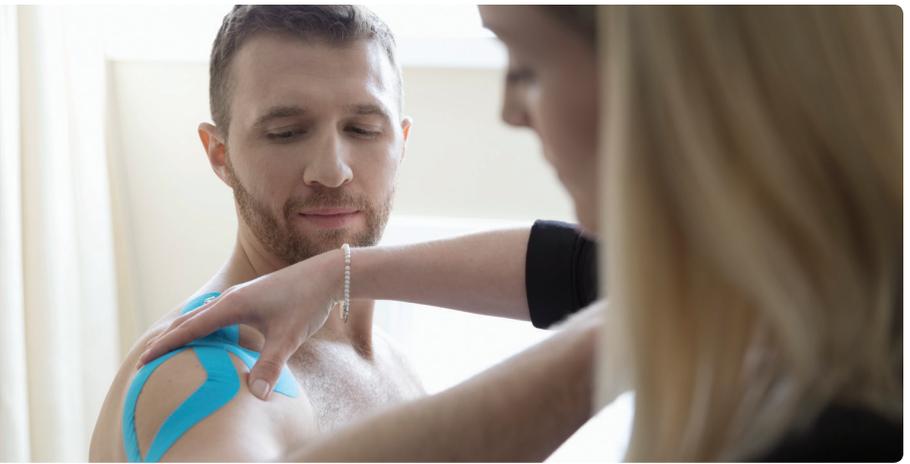




## Orthopedics

Orthopedics  
Rehabilitation  
Sports medicine



# Advanced orthopedics and sports medicine for your patients

When joint, bone or muscle conditions threaten your patients' quality of life, Novant Health is the partner you can trust to help get them back in action. Our team of more than 50 orthopedic and sports medicine specialists is committed to accelerating recovery with unparalleled access to leading-edge treatments and expert care in a wide range of specialties.

### Our specialized team of experts

Our team consists of board-certified orthopedic surgeons; fellowship-trained orthopedists and surgeons in almost every orthopedic subspecialty; nonoperative fellowship-trained sports medicine primary care providers; and clinical sports psychologists. All providers are trained in the latest innovative, evidence-based diagnostic tools and conservative and surgical treatment plans. *Please see reverse for a detailed listing of our extensive services.*

### Quality service and care

- During a two-year period of the CMS Bundled Payment for Care Improvement (BPCI) pilot for adult joint replacements, we reduced Medicare spend by 17 percent and skilled nursing facility length-of-stay by 11 days.
- Total joint patient readmission rates are less than half of the national average.
- Our experts use 3D modeling to more precisely make and fit custom knee implants, giving patients a more natural feel with a 99.6 percent success rate.
- Our Winston-Salem location offers extended hours for patient convenience.
- Novant Health offers inpatient orthopedic care in five Triad medical centers in Clemmons, Kernersville, Thomasville and Winston-Salem.
- We offer same day and next day appointments for your patients.

### Connect with us to learn more about how we're advancing orthopedic care



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**Email [NHOrthopedics@NovantHealth.org](mailto:NHOrthopedics@NovantHealth.org) to make a referral, and a referral specialist will respond within 24 hours.**

# Comprehensive orthopedics, rehabilitation and sports medicine services

From carpal tunnel, bunionectomy and pediatric scoliosis to total joint replacement, arthroscopic reconstructive shoulder repair and a broad offering of rehabilitation services, we have your patients covered.

## Orthopedics

### General orthopedics

#### Foot and ankle

- Lisfranc injury care
- Bunionectomy
- Ankle ligament reconstruction
- Arthritis care and treatment
- Total ankle reconstruction
- Nonoperative treatment options, including orthotics

#### Hand and wrist

- Arthritis treatment for hands, thumbs and wrists
- Traumatic microvascular nerve replantation
- Dupuytren's contracture treatment
- Tendon repair
- Trigger finger treatment
- Carpal tunnel treatment
- Metacarpophalangeal (MCP) joint replacement

#### Osteoporosis care

- DEXA scanner
- Fragility fracture coordinator who provides support from ER through discharge
- Two dedicated osteoporosis clinics

#### Total and partial joint replacements

- Total knee arthroplasty
- MAKOplasty
- Direct anterior approach total hip arthroplasty
- Total, partial and reverse shoulder arthroplasty
- Computer-assisted total joint replacement

## Orthopedics *continued*

### Pediatric orthopedics

- Scoliosis treatment
- Fracture care and dislocation resetting
- Sports-related injury care

## Rehabilitation

- Comprehensive inpatient and outpatient programs
- Physical and occupational therapy
- Sports rehabilitation
- Patient and caregiver education to prepare for progress at home

## Sports medicine

- Arthroscopic reconstruction of shoulders, elbows and knees
- Arthroscopic rotator cuff and shoulder labral repair
- Arthroscopic ACL reconstruction
- Open reduction internal fixation of clavicle and shoulder fractures
- Cartilage restoration using osteochondral autograft transfer (OATS)
- Black and Blue clinic open on weekends from August to November for sports-related injuries

## Musculoskeletal oncology

- Partner with Novant Health Cancer Care to treat musculoskeletal tumors and maintain healthy bone structures during treatment