



## Women's health

Maternity and reproductive health  
Midlife and menopause  
Pelvic health  
Minimally invasive gyn surgery



# Specialized women's care your patients can trust for a lifetime

At Novant Health, we appreciate women's unique healthcare needs and the necessity of a team approach to providing remarkable care. That's why our team of dedicated women's specialists commit to creating lifelong, meaningful relationships with both the women we care for and their primary care providers. Together, we can ensure your female patients have access to experienced specialists, the latest technology and compassionate care at every step of their health journeys.

### Specialists for every need and life stage

Women's healthcare is no place for one-size-fits-all care. That's why we've built a comprehensive team of specialists prepared to address the unique needs that each new life stage brings. From gynecologists and obstetricians to urologists, specialized surgeons, neonatal intensive care providers and beyond, you can count on Novant Health for the expertise and talent to care for your patients now and into the future.

### Comprehensive care for the whole woman

Our women's health team represents a broad range of specialties: routine gynecologic care, high-risk and general obstetrics, menopause care, incontinence treatment, fertility care, minimally invasive gynecologic surgery and more.

*Please see reverse for a detailed listing of our extensive services.*

### Quality assurance

- Novant Health maternity centers deliver more than 18,000 babies each year.
- All eligible Novant Health facilities are Baby-Friendly accredited for optimal infant feeding care.
- Novant Health Presbyterian Medical Center is recognized as a Center of Excellence in Minimally Invasive Gynecology (COEMIG) for its minimally invasive gyn surgical options.
- Available level IV neonatal intensive care unit (NICU) provides infants with the highest possible level of care.

Connect with us to learn more about how we're advancing women's care



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Call 1-844-553-8370 to make a referral, and a referral specialist will respond within 24 hours.



# Quality women's care for every phase of life

## Maternity and reproductive health

- Preconception care
- Infertility treatment
- Prenatal assessment services, including diagnostic ultrasounds, first trimester screenings, non-stress testing and other diagnostics for high-risk pregnancies
- Maternity education, including maternity center tours and classes on childbirth, breastfeeding, finances for new parents and more
- High-risk pregnancy monitoring and care, including specialized care for complications such as preeclampsia, eclampsia, gestational diabetes or preterm labor
- Genetic counseling, including prenatal genetic testing to identify possible genetic conditions or defects
- Dedicated neonatal intensive care unit (NICU) staffed with board-certified neonatologists, nurse practitioners, registered nurses, respiratory therapists, social workers, pharmacists, nutritionists and lactation consultants and child-life specialists

## Minimally invasive surgery

- Board-certified minimally invasive gyn surgeon
- Leading-edge "no incision" tubal occlusion pregnancy
- Endometrial ablation to treat heavy bleeding
- Hysterectomy, including abdominal, vaginal, laparoscopic, robotic-assisted and single-incision laparoscopic approaches
- Urinary incontinence procedures
- Pelvic floor reconstruction
- Uterine artery embolization
- Laparoscopic myomectomy

## Pelvic health and urogynecology

- Multidisciplinary approach to chronic pelvic pain
- Pelvic organ prolapse of the bladder, rectum, bowel, uterus or vagina from normal position
- Complex repairs of failed previous procedures
- Diagnosis, management and treatment of pelvic health disorders, including:
  - Difficulty emptying bladder or bowel
  - Frequent or urgent urination
  - Incontinence (urinary or fecal)
  - Painful bladder syndrome
  - Urologic conditions
- Urodynamics
- Sonography
- Cystoscopy
- InterStim therapy
- Percutaneous tibial nerve stimulation (PTNS)
- Botox®
- Solesta®
- Biofeedback therapies
- Anal sphincter repair
- Suburethral sling placement

## Midlife and menopause

- Menopause symptom management, including non-medical and hormone treatment options
- Minimally invasive gyn surgical treatment options for vaginal conditions associated with menopause
- Urinary incontinence treatment, including prevention techniques, lifestyle modification, physical therapies and exercise, medication and minimally invasive surgery
- Care for bone health and osteoporosis treatment
- Monalisa Touch® and sexual health