



Pre-procedure guide

Procedure information

Date procedure scheduled:

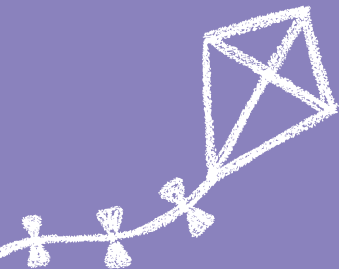
Physician:

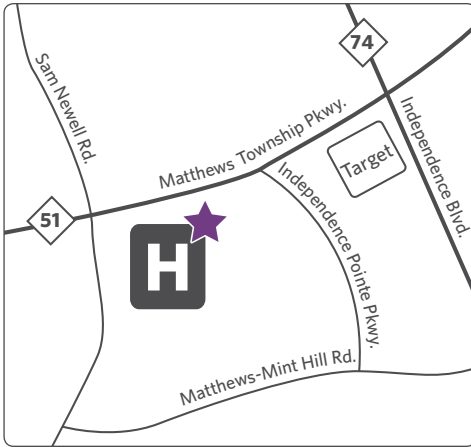
Time procedure scheduled:

Arrival time:

Location:

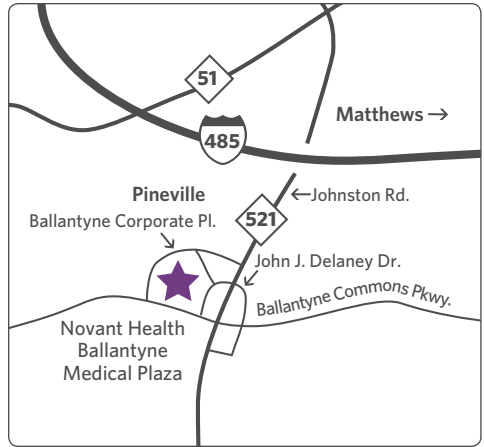
Phone:





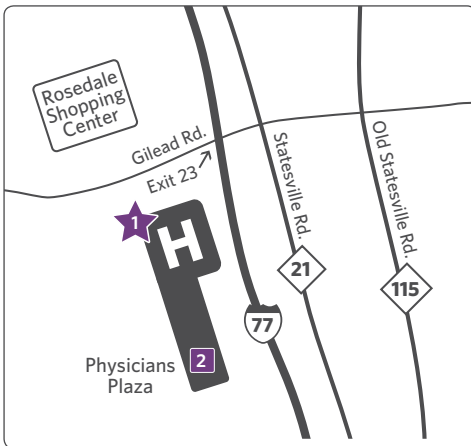
Novant Health Matthews Medical Center

1500 Matthews Township Parkway
 Matthews, NC 28105
 704-384-6810



**Novant Health Ballantyne
 Outpatient Surgery**

Novant Health Ballantyne Medical Plaza
 (Winslow Building)
 14215 Ballantyne Corporate Place, Suite 210
 Charlotte, NC 28277
 704-316-2650

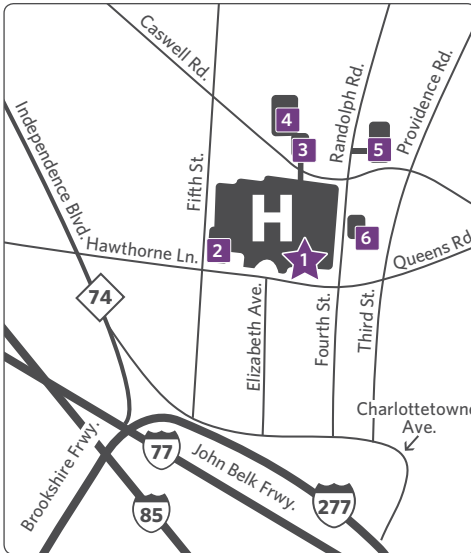


**1 Novant Health
 Huntersville Medical Center**

10030 Gilead Road
 Huntersville, NC 28078
 Exit 23 on I-77
 704-316-4870

**2 Novant Health Huntersville
 Outpatient Surgery**

Physician's Plaza
 10030 Gilead Road, Suite 120
 Huntersville, NC 28078
 Exit 23 on I-77
 704-316-5670



1 Novant Health Presbyterian Medical Center
200 Hawthorne Lane
Charlotte, NC 28204

- Novant Health Hemby Children’s Hospital: 704-384-4021
- Inpatient surgery
Ground floor: 704-384-3144
Second floor 704-384-4907
- Endoscopy: 704-384-4867

Enter through north wing lobby. Lobby is open 5:30 a.m. to 9 p.m. Park in deck at corner of Hawthorne and Fifth Streets. *All those parking in the Presbyterian Medical Center parking deck will incur a \$3/day parking fee.

2 Novant Health Presbyterian Medical Center parking deck
Parking deck at corner of Hawthorne and Fifth Streets.

3 Novant Health Charlotte Orthopedic Hospital and parking deck
1901 Randolph Road
Charlotte, NC 28207
704-316-1420

Located at the corner of Randolph and Caswell Roads. Enter off Randolph Road.

5 Novant Health Midtown Outpatient Surgery
1918 Randolph Road, Suite 740
Charlotte, NC 28207
704-316-0810

Located in Midtown Medical Plaza. Enter parking deck off Randolph Road.

6 Novant Health Charlotte Outpatient Surgery
1800 E. Fourth St.
Charlotte, NC 28204
704-384-1300

Park in the Presbyterian Medical Tower deck on Caswell Road. Take elevator to first floor and follow covered walkway to the center. *Bring your parking ticket to the center to be validated for free parking.

Having trouble finding your way?
For assistance or directions, contact your specific procedure location. Driving directions available at NovantHealth.org/surgery.

Your procedure is scheduled
at the following location:

Novant Health Presbyterian Medical Center

- Novant Health Hemby
Children's Hospital: 704-384-4021
- Inpatient Surgery
 - Ground Floor: 704-384-3144
 - Second Floor: 704-384-4907
- Endoscopy - Sixth Floor: 704-384-4867

Novant Health Huntersville Medical Center

- Surgery: 704-316-4870
- Endoscopy: 704-316-4879

Novant Health Matthews Medical Center

- Surgery: 704-384-6810
- Endoscopy: 704-384-6810
- Novant Health Charlotte
Orthopedic Hospital:** 704-316-1420

- Novant Health Huntersville
Outpatient Surgery:** 704-316-5670

- Novant Health Midtown
Outpatient Surgery:** 704-316-0810

- Novant Health Charlotte
Outpatient Surgery:** 704-384-1300

- Novant Health Ballantyne
Outpatient Surgery:** 704-316-2650



Instructions before your child's procedure

Patients under 18 years of age

A parent or legal guardian must accompany all patients under 18 years of age. Proof of legal guardianship must be provided. A consent form must be signed by the parent or legal guardian before medications or treatment can be given.

Each child must be accompanied by a parent or legal guardian. Please make arrangements for you or the child's legal guardian to accompany the child to their procedure, remain in the waiting room during the procedure and drive or accompany the child home. **Your child's procedure will be cancelled without a responsible adult available to accompany your child at discharge.**

To help facilitate the pre-surgery process, you may be contacted by several individuals prior to your child's procedure.

Health history

You will be contacted by a nurse to review your child's health history. Based on your child's health history, you may need to schedule a pre-surgery anesthesia services appointment.

Pre-registration

It is important that you pre-register prior to your procedure. Please follow the instructions below regarding your location's pre-registration process. The phone numbers are listed below, or you may pre-register online. Based on your health history, you may be scheduled to consult with the anesthesiologist prior to your procedure.

Presbyterian Medical Center, Huntersville Medical Center, Matthews Medical Center, Midtown Outpatient Surgery, Charlotte Outpatient Surgery, Ballantyne Outpatient Surgery

If you are having a procedure performed at a location listed above, please pre-register for your procedure by calling **1-888-844-0080 and pressing option 3**, or visit **NovantHealth.org/surgery**. Please allow 48 hours for online pre-registration processing.

Charlotte Orthopedic Hospital

If you are having a procedure performed at Charlotte Orthopedic Hospital, please follow the pre-registration process used by your physician.

Huntersville Outpatient Surgery

If you are having your procedure performed at Huntersville Outpatient Surgery, a patient representative from the surgery center will contact you for pre-registration. A registered nurse will call you three to four days prior to your procedure date.

Arrival time

Plan to arrive two hours before the procedure, **unless otherwise instructed by your child's physician or facility.**

Illness

If your child experiences a rash, fever, cold, cough, infection or other physical change within a week before the procedure, please notify your child's doctor.

Care at home

Your child will require care after the procedure. You should make proper care arrangements in advance for when your child returns home. The length of time care may be needed will depend on the type of procedure.

Hygiene

Please ensure that your child has bathed before his or her procedure. Refrain from using lotions, powders, oils or perfume. Your child should not be wearing makeup or nail polish on the day of his or her procedure. Please do not attempt to remove any hair around the area where the procedure will take place.

Clothing

Please ensure that your child is dressed in comfortable clothing, preferably, a button-up shirt or blouse. Wearing this type of shirt or blouse will make it easier for your child to dress after the procedure. For your child's safety, before the procedure, he or she will be asked to change out of his or her clothes and into a hospital gown. Your child may wear

his or her pajamas to the hospital. Please bring extra diapers or undergarments to your child's procedure.

Important documents

Please bring your child's picture ID, all health insurance cards and **proof of guardianship.**

Comfort items

If your child has a comfort item, such as a blanket, pacifier, toy, bottle or cup, please bring this item with you and have available for your child immediately after his/her scheduled procedure.

Valuables

Your child's valuables, including jewelry (including body piercings) and money, should be left at home. All body piercings will need to be removed prior to your child's surgical procedure.

Medication

Your child should take daily medications as instructed by the anesthesiologist, with a sip of water. **Failure to follow this instruction may result in cancellation of your child's procedure.** If your child is currently using a CPAP machine and/or inhaler, please bring it on the day of the procedure.

Allergies

On the day of the procedure, please inform us of any allergies your child may have, including medications, latex, food, adhesives, etc.

The night before your child's procedure

Food guidelines

Your child may eat a normal meal before 10 p.m. the night before the procedure or as his or her doctor has instructed. Please follow the food and beverage guidelines in the table below, unless otherwise instructed by the anesthesiologist.

Failure to follow these guidelines will result in your child's procedure being delayed or cancelled.

Important information for the day of your procedure

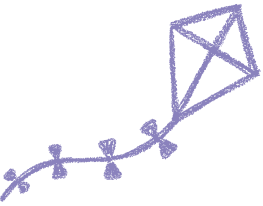
For your comfort, a waiting room will be provided for you during your child's procedure. So that we may keep you updated on your child's status, you or your child's guardian must stay in the waiting room at all times.

The length of stay in the recovery room will depend on the type of procedure and anesthesia your child has received. You or your child's guardian will be kept informed of his or her progress.

Food or beverage	Patient instruction
Water	Do not give to child within 4 hours of surgery
Clear liquids ⁺ **	Do not give to child within 4 hours of surgery
Breast milk ^{**}	Do not give to child within 6 hours of surgery
Infant formula ^{**}	Do not give to child within 8 hours of surgery
Dairy/other food ^{**}	Do not give to child after 10 p.m. the night before surgery

⁺Clear liquids include water, soda and apple juice.

^{**}Do not give more than 8oz. (1 cup).



Notes

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