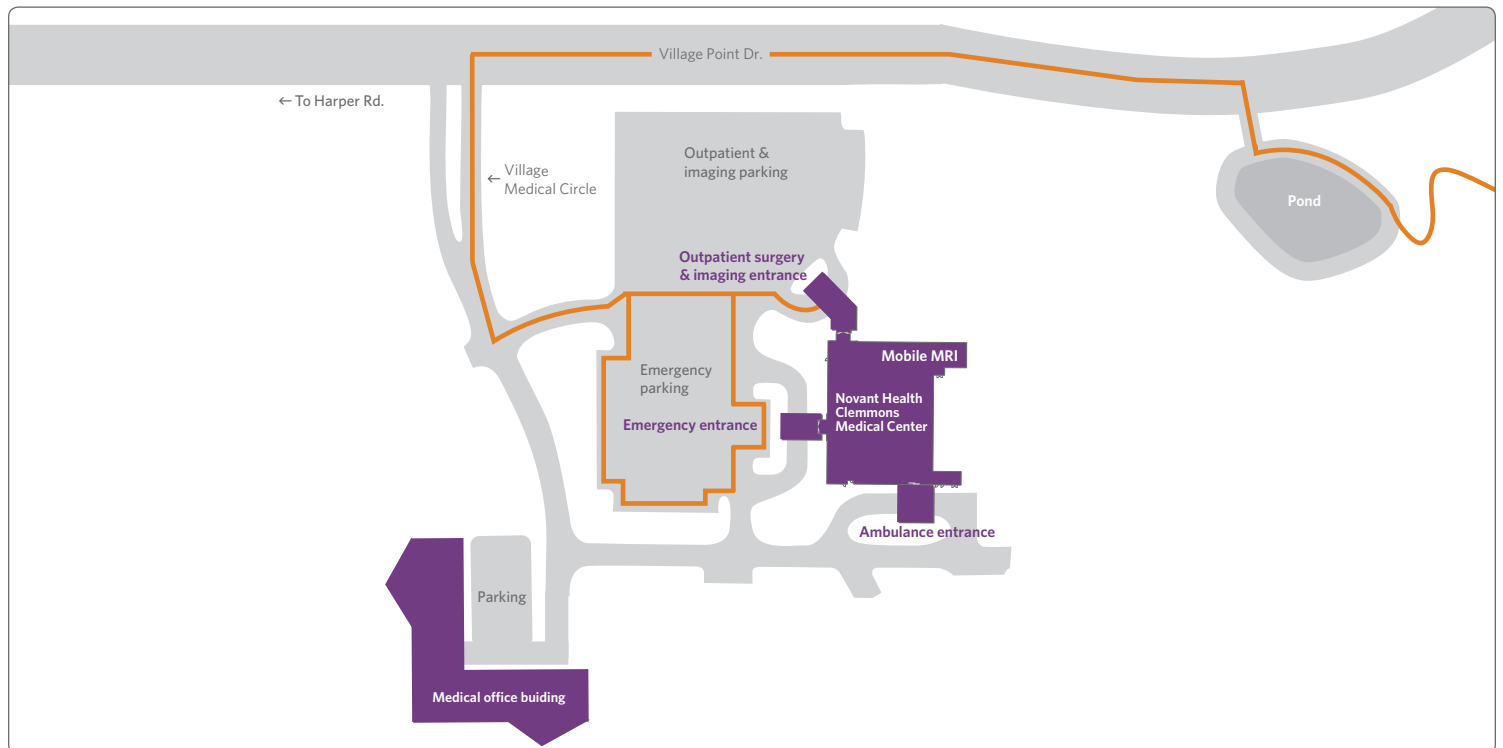




Walking trails

Create a Remarkable You by taking a walk at
Novant Health Clemmons Medical Center



Clemmons Medical Center walking trail:

About 1 mile. Exit the main entrance of the building and walk to the left toward the sidewalk. Follow the sidewalk and turn right onto Village Medical Circle. Continue walking and turn right onto Village Point Dr. Follow the sidewalk to the pond on the right. Walk the path around the pond to the dead end. Return following the same route. Once you are back in the parking lot, make one loop through the lot and return to the main entrance.

Remember to use safety precautions while walking

- Avoid walking alone, especially at night.
- Stay alert of your surroundings at all times and don't carry valuables.
- Carry your cell phone so you can call for help in case of an emergency.
- Stay on sidewalks where available. If no sidewalks are available, always walk on the side of the road facing oncoming traffic.

