



2022 Health Plan Bi-Weekly Premiums—Legacy NHRMC team members

Your premiums for medical, dental and vision care are made on a before-tax basis. This means your contributions are automatically deducted from your paycheck before taxes are withheld. As a result, you save money on taxes.

FULL-TIME EMPLOYEE: Classified as 30 hours or more per week					PART-TIME EMPLOYEE: Classified as 24 to 29 hours per week				
Cigna Premium Plan					Cigna Premium Plan				
Coverage Level	Employee Only	Employee/ Spouse	Employee/ Child(ren)	Family	Coverage Level	Employee Only	Employee/ Spouse	Employee/ Child(ren)	Family
Employee Contribution	\$61.27	\$204.30	\$127.34	\$237.21	Employee Contribution	\$125.65	\$306.37	\$226.50	\$335.91
Employer Contribution	\$319.22	\$647.96	\$667.85	\$965.08	Employer Contribution	\$254.84	\$545.88	\$568.68	\$866.38
Cigna Standard Plan					Cigna Standard Plan				
Coverage Level	Employee Only	Employee/ Spouse	Employee/ Child(ren)	Family	Coverage Level	Employee Only	Employee/ Spouse	Employee/ Child(ren)	Family
Employee Contribution	\$15.69	\$102.83	\$63.67	\$118.61	Employee Contribution	\$67.09	\$163.60	\$120.95	\$179.37
Employer Contribution	\$335.13	\$683.00	\$669.54	\$989.98	Employer Contribution	\$283.73	\$622.23	\$612.26	\$929.22
Bind					Bind				
Coverage Level	Employee Only	Employee/ Spouse	Employee/ Child(ren)	Family	Coverage Level	Employee Only	Employee/ Spouse	Employee/ Child(ren)	Family
Employee Contribution	\$8.57	\$71.30	\$42.39	\$78.73	Employee Contribution	\$45.94	\$104.37	\$71.91	\$99.59
Employer Contribution	\$337.55	\$703.97	\$680.96	\$1,014.95	Employer Contribution	\$300.18	\$670.90	\$651.44	\$994.09
DENTAL					VISION				
Coverage Level	Employee Only	Employee/ Spouse	Employee/ Child(ren)	Family	Coverage Level	Employee Only	Employee/ Spouse	Employee/ Child(ren)	Family
Employee Contribution	\$7.22	\$21.76	\$21.07	\$34.37	Employee Contribution	\$5.17	\$8.11	\$8.29	\$13.35
Employer Contribution	\$11.29	\$16.72	\$18.95	\$30.99					