

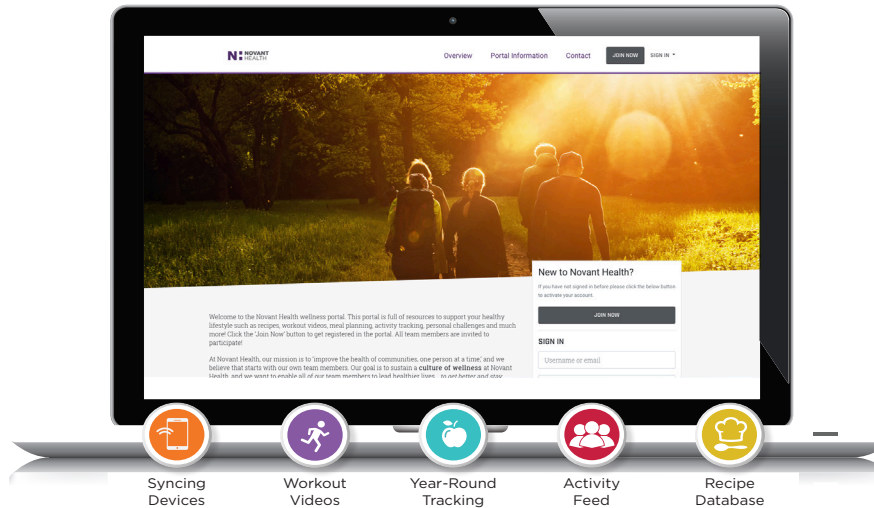
Your 2021 Novant Health Wellbeing Portal

More Resources, More Rewards

Your Novant Health Wellbeing Portal can be accessed at livehealthynovanthealth.com. What can you expect from the portal?

New Features: The Incentive Tracking Table and Program Rewards

- » Use the table located on the home page to review the full list of program activities, their completion requirements, and what you can earn for successfully completing them.
- » You will also use the table to submit completed activities and track your progress in the program.
- » Make sure your progress is up to date - when you successfully complete activities, you'll earn incentives! If you are eligible, you can redeem the points you earn in the Live Amplified Rewards Mall, which provides hundreds of merchandise options—electronics, sports equipment, health and beauty items, gift cards and more!



Familiar Favorites

- » Participate in group and personal wellbeing challenges.
- » Browse a database of recipes and workout videos.
- » Complete a meal planner and search for local grocery store discounts.
- » Track health-related activity: step count, activity minutes, nutrition, hydration, sleep and weight.
 - » Track this information manually or with the Navigate Wellbeing App, available as a free download in the Apple App Store and Google Play App Store.
 - » You can also sync your favorite devices and apps, which then seamlessly update with the portal each day.

Rewards for 2021

2021 Novant Health Wellbeing Program Incentive Structure		
Participant	Incentive Cap	Incentive Format
Cigna Team Member	\$900	HRA, through MotivateMe platform*
Cigna Spouse; includes NH team member spouses and non-employed by NH spouses	\$275	HRA, through MotivateMe platform**
Bind team member	\$250	Rewards/points; through the Novant Health Wellbeing Portal
Bind spouse, spouses not employed by NH	Not eligible	n/a
Non-enrolled benefit eligible team members and NH employed spouses enrolled as a dependent on Bind	\$100	Rewards/points; through the Novant Health Wellbeing Portal

*Team members enrolled in the Cigna medical plans will be able to utilize the MotivateMe platform and access living healthy incentive opportunities through the wellbeing portal.

**NH team member spouses who are enrolled as a dependent on our Cigna medical plan will have access to the wellbeing portal.