



# Breastfeeding Basics - Online

Start date: 12/10/2022 10:00 AM

End date: 12/10/2022 12:00 PM

Open to all expectant parents regardless of the facility where you plan to give birth.

This is our pre-pandemic breastfeeding class in a webinar format and hosted by a live lactation consultant from Novant Health. Cameras and microphones are disabled and questions are discussed via live chat.

This is a fast-paced class designed to familiarize you with the breastfeeding services offered by Novant Health. We will discuss the benefits of breast milk, what to expect immediately following birth and throughout your hospital stay, skin to skin, attachment and positioning, signs of success, red flags, pump and scale rentals, and how we'll support you after you are discharged.

Registration: Required. Please register by clicking the book now button below. Attendees may bring one guest without separate registration.

Cost: This class is free and open to the public.

Location: This event is online. Upon registering, you will be sent a link to our online

Event location:

Winston-Salem