



Pre-procedure guide

Procedure information

Date procedure scheduled:

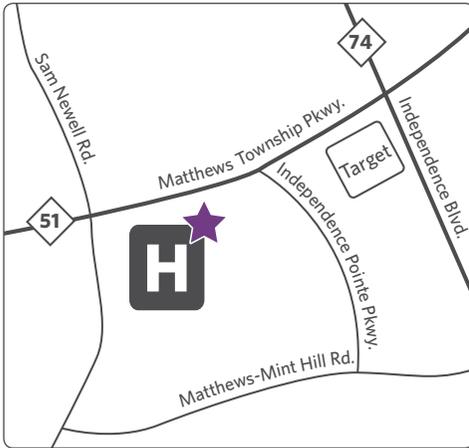
Physician:

Time procedure scheduled:

Arrival time:

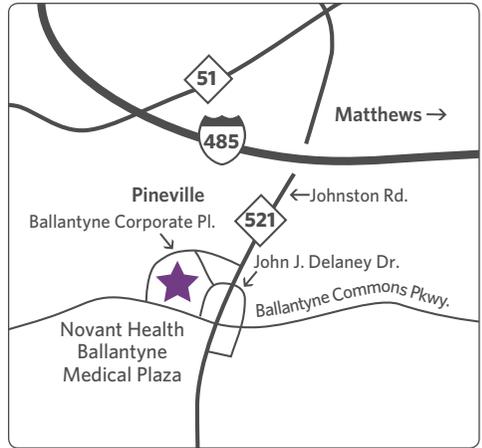
Location:

Phone:



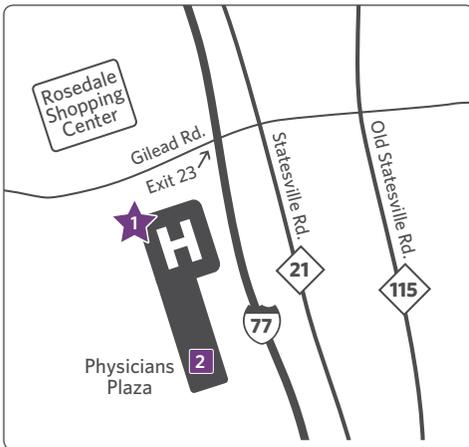
Novant Health Matthews Medical Center

1500 Matthews Township Parkway
 Matthews, NC 28105
 704-384-6810



Novant Health Ballantyne Outpatient Surgery

Novant Health Ballantyne Medical Plaza
 (Winslow Building)
 14215 Ballantyne Corporate Place, Suite 210
 Charlotte, NC 28277
 704-316-2650

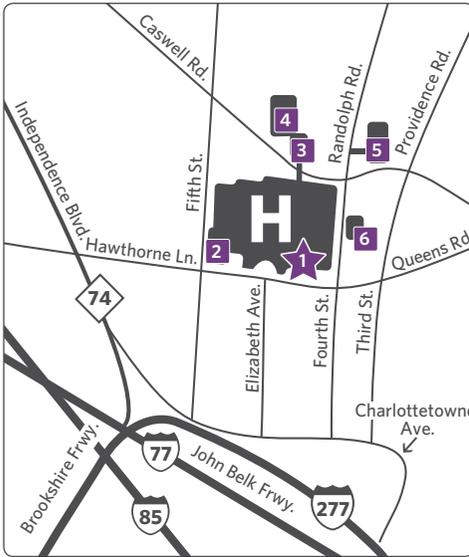


1 Novant Health Huntersville Medical Center

10030 Gilead Road
 Huntersville, NC 28078
 Exit 23 on I-77
 704-316-4870

2 Novant Health Huntersville Outpatient Surgery

Physician's Plaza
 10030 Gilead Road, Suite 120
 Huntersville, NC 28078
 Exit 23 on I-77
 704-316-5670



1 Novant Health Presbyterian Medical Center
200 Hawthorne Lane
Charlotte, NC 28204

- Inpatient surgery
Ground floor: 704-384-3144
Second floor 704-384-4907
- Endoscopy: 704-384-4867

Enter through north wing lobby. Lobby is open 5:30 a.m. to 9 p.m. Park in deck at corner of Hawthorne and Fifth Streets. *All those parking in the Presbyterian Medical Center parking deck will incur a \$3/day parking fee.

2 Novant Health Presbyterian Medical Center parking deck
Parking deck at corner of Hawthorne and Fifth Streets.

3 Novant Health Charlotte Orthopedic Hospital and parking deck
1901 Randolph Road
Charlotte, NC 28207
704-316-1420

Located at the corner of Randolph and Caswell Roads. Enter off Randolph Road.

5 Novant Health Midtown Outpatient Surgery
1918 Randolph Road, Suite 740
Charlotte, NC 28207
704-316-0810

Located in Midtown Medical Plaza. Enter parking deck off Randolph Road.

6 Novant Health Charlotte Outpatient Surgery
1800 E. Fourth St.
Charlotte, NC 28204
704-384-1300

Park in the Presbyterian Medical Tower deck on Caswell Road. Take elevator to first floor and follow covered walkway to the center. *Bring your parking ticket to the center to be validated for free parking.

Having trouble finding your way?

For assistance or directions, contact your specific procedure location. Driving directions available at NovantHealth.org/surgery.

Your procedure is scheduled at the following location:

Novant Health Presbyterian Medical Center

- Inpatient surgery
 - Ground floor: 704-384-3144
 - Second floor: 704-384-4907
- Endoscopy - sixth floor: 704-384-4867

Novant Health Huntersville Medical Center

- Surgery: 704-316-4870
- Endoscopy: 704-316-4879

Novant Health Matthews Medical Center

- Surgery: 704-384-6810
- Endoscopy: 704-384-6810

Novant Health Charlotte

Orthopedic Hospital: 704-316-1420

Novant Health Huntersville

Outpatient Surgery: 704-316-5670

Novant Health Midtown

Outpatient Surgery: 704-316-0810

Novant Health Charlotte

Outpatient Surgery: 704-384-1300

Novant Health Ballantyne

Outpatient Surgery: 704-316-2650

General patient instructions before your procedure

For your safety, we recommend an adult family member or friend accompany you to your procedure, remain in the waiting room and accompany you home. You will need to arrange transportation home. You will not be permitted to drive following your procedure. Your procedure will be cancelled without a responsible adult available to accompany you at discharge.

To help facilitate the pre-surgery process, you may be contacted by several individuals prior to your procedure.

Health history

You will be contacted by a nurse to review your health history. Based on your health history, a pre-anesthesia appointment may be scheduled.

Pre-registration

It is important that you pre-register prior to your procedure. Please follow the instructions below regarding your location's pre-registration process. The phone number is listed below, or you may pre-register online. Based on your health history, you may be scheduled to consult with the anesthesiologist prior to your procedure.

Presbyterian Medical Center, Huntersville Medical Center, Matthews Medical Center, Midtown Outpatient Surgery, Charlotte Outpatient Surgery, Ballantyne Outpatient Surgery

If you are having a procedure performed at a location listed above, please pre-register for your procedure by calling **1-888-844-0080 and pressing option 3**, or visit **NovantHealth.org/surgery** and select "Pre-register for a procedure." Please allow 48 hours for online pre-registration processing.

Charlotte Orthopedic Hospital

If you are having a procedure performed at Charlotte Orthopedic Hospital, please follow the pre-registration process used by your physician.

Huntersville Outpatient Surgery

If you are having your procedure performed at Huntersville Outpatient Surgery, a patient representative from the surgery center will contact you for pre-registration. A registered nurse will call you three to four days prior to your procedure date.

Arrival time

Plan to arrive two hours before the procedure, **unless otherwise instructed by your physician or facility.**

Illness

If you experience a rash, fever, cold, cough, infection or other physical change within a week before your procedure, please notify your doctor.

Patients under 18 years of age

A parent or legal guardian must accompany all patients under 18 years of age. **Proof of legal guardianship must be provided.** A consent form must be signed by the parent or legal guardian before medications or treatment can be given.

Care at home

You should arrange for an adult to provide care when you return home. The length of time care may be needed will depend on the type of procedure.

Hygiene

Please bathe before your procedure. Refrain from using lotions, powder, oils or perfume. Dentures and contact lenses may be removed immediately before your procedure. Remove all makeup and nail polish before coming to the hospital. Do not shave the area of your body where the procedure will take place.

Clothing

Wear loose, comfortable clothing, preferably a button-up shirt or blouse. Wearing this type of shirt or blouse will make it easier for you to dress after your procedure. For your safety, before your procedure you will be asked to change out of your clothes and into a hospital gown.

If you are scheduled to stay overnight following your surgical procedure, please store any overnight baggage in your vehicle or with the adult accompanying you during your surgery until your room assignment has been made.

Important documents

Please bring your picture ID, all health insurance cards, a copy of your living will, advanced directives, etc.

Valuables

Leave all valuables such as jewelry (including body piercings) and money at home. All body piercings will need to be removed prior to your surgical procedure.

Medication

Take your daily medications, if instructed by the anesthesiologist, with a SIP of water. If currently using a CPAP machine and/or inhaler, please bring it with you on the day of your procedure.

Allergies

On the day of your procedure please inform us of any allergies you may have including: medications, latex, food, adhesives, etc.



The night before your procedure

Food guidelines

You may eat a normal meal before 10 p.m. the night before the procedure, or as your doctor has instructed. **You should not eat or drink anything after 10 p.m., including water, gum, candy or breath mints, the night before your procedure, unless instructed by the anesthesiologist.**

For your safety, refrain from drinking alcoholic beverages the day before or the day of your procedure.

Failure to follow these guidelines will result in your procedure being delayed or cancelled.

Important information for the day of your procedure

For the comfort of your family or friends, a waiting room is provided nearby.

Please have the person(s) with you check in with the family representative or secretary on duty. If they must leave, we ask that they check out and then back in upon their return. It is important we know where your personal representative is at all times to keep them informed about your status.

The length of stay in the recovery room will depend on the type of procedure and anesthesia you have received. Your family or friends will be kept informed of your progress.

